

Assessment of Student's Attitude towards Dress Code in College



Priyanbada Tripathi

Research Scholar,
Deptt.of Home Science,
Shri Agrasen Kanya
P.G.College, Varanasi

Anita Singh

Head and Associate Professor,
Deptt.of Food and Nutrition,
Shri Agrasen Kanya
P.G.College, Varanasi

Abstract

Indiscipline constitutes one of the major impediments to academic excellence in any country. However discipline which is hallmark of our educational system uniform are considered a form of discipline that school use to control student behavior and often promote conventional gender dress (Connell 1996, Alison 2013) "this study examines the attitude of college students towards dress code in college

Aim: The present study aimed to know positive and negative attitude of students towards the compulsion of dress code in college.

Research Design: A survey based descriptive research design was used to met aim of study.

Location: This study was conducted at area of Deewan Bazar, Taramandal and Daudpur in Gorakhpur city of U.P.

Sample Size: For this study 100 students were selected from three different colleges of Gorakhpur city.

Tool and Technique: Pre-designed and Pre-tested questionnaire was used for collect the data. And tabulation and percentage method were used for statistical analysis of data.

Result : This study raveled that students have assorted attitude towards dress code in colleges.

Keywords: Attitude, Dress Code, Indiscipline , Investment

Introduction

Education is one of the greatest investment any nation makes to assure her future in terms of economic.Socio- cultural and political development.Its importance in translating the future of great nations cannot be overemphasized. That is why every government in our contemporary world makes it's a fundamental obligation to provide education for its citizens. The Longman dictionary defines Education as "the result of the teaching or the training of mind and Character". Education apart from inculcating knowledge is also aimed at formulation of character. Education all over the world is expected to produce effective, honest and disciplined citizens. However discipline which is the hallmark of our educational system before could be said to be at its lowest ebb in many of our educational institutions today.Students indiscipline manifest itself in different forms such as dishonesty, examinations malpractices, drunkenness, drug abuse, cultism among others.

A recent manifestation of indiscipline which constitutes a serious matter in our tertiary educational institutions is indecent dressing especially among the college's students. Dress code is written and more often, unwritten rules with regards to clothing. Clothing like other aspects of human physical appearance has a social significance, with different rules and expectations being valid depending on circumstances and occasion (Wikipedia) Promoters of uniforms suggest that the largest impacts may be on non-cognitive skills such as self steem and discipline. Despite their widespread use an even though politicians and administrations especially cite improvements in discipline and achievements as justifications for uniform adoption. (Archibold 1998, Steinberg 1998). Uniforms are considered a form of discipline that schools use to control student behavior and often promote conventional gendered dress (Connell 1996, Alison2013).

Uniforms could improve student outcomes through a few mechanisms. First they potentially provide direct improvements in safety by making it easy to identify unauthorized visitors to a schools or college, preventing the use at gang colors and reducing theft since students no longer bring expensive clothing items to school (Stanely1996). Uniforms

also make the process of dressing for school faster, particularly for adolescent girls, potentially providing extra time for sleeping or studying. For some people it takes hours to get dressed. If we had a uniform it would take three minutes (Alspach 2007). Nonetheless uniforms could negatively affect student outcomes. One possibility is that the restrictiveness of uniform induces student to become disruptive as way to rebel against authority or increased conformity could make school boring. Another possibility is that improvements generated by uniform could induce students with behavioral problems. This could ultimately reverse improvements from uniforms via negative peer effects. (Carell and Hoekstra 2009). Infact Brunnsma et. al. (1998) found that uniforms had significant negative effect on achievements, as students who were uniforms and high pro school attitudes actually had worse behavior problems than all other students.

So to know attitudes or thinking of higher education students towards dress code, compulsory in college campus the researcher had choose this topic for their research.

Objective of the Study

The major objective of this study is to examine the attitudes of students towards Dress Code in College.

The Specific Objectives Include to

1. To study about positive attitudes of students towards dress code in college.

2. To study about negative attitudes of students towards dress code in college.

Methodology

Research Design

For the purpose of this work the survey method was used. According to Ndagi. "Survey method involves large number of persons and it describes population characteristics by the selection of an unbiased sample from the population of the study. it involved using questioner and sometimes interview test to generate data from the sample and generalizing the result of findings from the data on the population from which it was drawn."

Location

This study was conducted in the three different college situated at the area at Deewan Bazaar Taramandal and Daudpur in Gorakhpur city of up.

Sample Size

For this study 100 students were randomly selected from three different colleges of Gorakhpur city.

Tool and Techniques

The study tool was pre designed and pre tested questionnaire in Hindi. Questionnaire include questions regarding the thought of student about dress code compulsion in colleges.

Data Analysis Techniques

Data collected from the questionnaire were presents in tabular form. The data were analyzed using frequency counts and percentage.

Data Presentation and Analysis

Table No-1
Positive Attitude towards Dress Code in Colleges

S.N.	Responses	Agree		Disagree	
		Frequency	Percentage	Frequency	Percentage
1.	Decent Dressing is an act of discipline	90	90%	10	10%
2.	Dress code develops the sense of Equality	94	94%	6	6%
3.	Dress code constitute a effective personality	80	80%	20	20%
4.	Dress code decreases the unwanted activity of students	70	70%	30	30%
5.	Dress code saves time and money both	90	90%	10	10%
6.	Dress code make a safe environment for female students	55	55%	45	45%

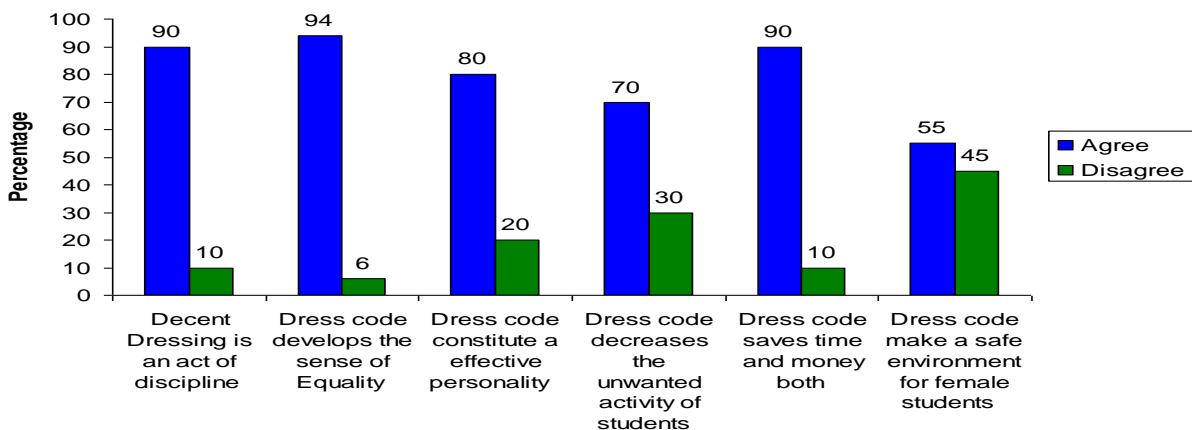


Table No-2
Negative Attitude towards Dress Code in Colleges

S.N.	Responses	Agree		Disagree	
		Frequency	Percentage	Frequency	Percentage
1.	Dress code decreases the fashion of students	85	85%	15	15%
2.	Dress code is barrier in individuality and freedom of student	75	75%	25	25%
3.	Dress code as a barrier of self presentation of students	90	90%	10	10%
4.	Dress code develop the feeling of insecurity in students	15	15%	85	85%
5.	Dress code is only beneficial for college	95	95%	05	05%

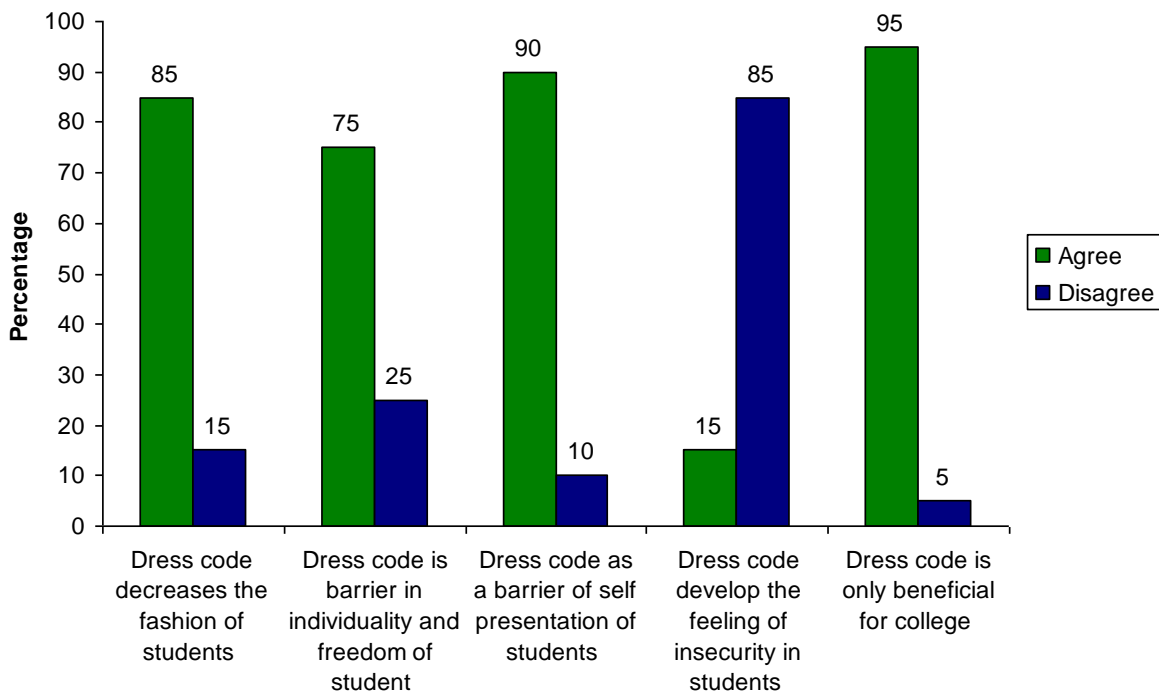


Table No. 1 shows that 90% of students think that the Dress code or Decent dressing increases the discipline in students but 10% of students do not agree with that fact.

94% of them were in affirmative that the dress code develops the sense of Equality in students. 80% of respondents believed that dress code constitute a effective personality. But 20% of students do not with agree with that.

70% of students had positive attitude about dress code that Dress code decreases the unwanted activity of students and 90% of students accept that dress code saves their time and money both. 55% of students were believed that Dress code make safe environment for female students while 45% of them which constitute the majority had the contrary view.

Table No. 2 Indicate that 85% of students affirmed that the dress code decreases the fashion of students. 75% of students accept that dress code is a barrier in individuality and freedom of student while 25% of students which constitute the majority had the contrary view. Majority of the respondents (90%) were believed that dress code is a barrier in self

presentation of students. 85% of respondents do not agree with this fact that dress code develops the feeling of insecurity in students while 15% of them were agree with that. And 95% of students were believed that Dress code is only beneficial college as a source of income.

Summary and Conclusion

Based on the responses in Table 1 and 2 it was obvious that the student were aware about the dress code. Most of the students affirmed that dress code have positive effect on their personality and achievement. And decreases the unwanted activity of students and other person in college. Where most of the students had positive attitude towards compulsion of dress code in college but on the other hand majority of respondents had negative responses or attitudes towards compulsion of dress code in college. So we concluded that students have assorted attitude towards dress code in colleges.

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